

Nutrition & Wellness May 2026 Menu




Breakfast Menu - Served 7:45-8:05 a.m.

May 2026		Mindful Monday	Taco Tuesday	Waffle Wednesday	Thankful Thursday
Breakfast	4-7	Breakfast Eggrolls	Breakfast Burrito	Waffle & Sausage	Bagel & Cream Cheese
	11-14	Cheese Biscuits	Breakfast Chilaquiles	Oh, nuts! & Waffles	Breakfast Pizza
	18-21	Chef Choices... Little bit of this and little bit of that!	Cheese Quesadilla	Waffle & Cinnamon Apple	Chef Choices... Little bit of this and little bit of that!
<p><i>Assorted Cereals as an alternative to Main Entrée</i> Daily Choice of Protein: String Cheese, Yogurt or Hard- Boiled Egg Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk</p>					

Lunch Menu - served 11:30-12:55 p.m.

We Offer Fresh Fruit and Vegetable as a Snack Daily.



May 2026		Meatless Monday 	Taco Tuesday	Wellness Wednesday 	Thankful Thursday
Lunch	4-7	Pretzel Stick Baked Potato & Cheesy Broccoli	Chicken Enchilada Nachos Local Tortilla Chips	Sloppy Joe Local Whole Wheat Bun	Chef Choices... Little bit of this and little bit of that!
	11-14	Cheese Filled Breadsticks Marinara Sauce	Pork Carnitas Taco Street Corn Rice	Beef Hot Dog Local Sonora Wheat Bun	Pasta Bolognese Randy's Pizza Party
	18-21	Pancakes & Eggs	Walking Taco Refried Beans	Roasted Chicken Dinner Mashed Potatoes Biscuit	Sack Lunches
Cold Choice Of The Day		Peanut Butter & Jelly	 Nacho Fun Box	Yogurt Fun Box	Chicken Caesar Salad

Daily Salad Bar with Fresh Fruits, Salad and Vegetables. Daily Choice of Skim or Fat-Free White Milk



This institution is an equal opportunities provider.

Menu subject to change without prior notice. Meals are served Free of Charge.