

Nutrition & Wellness January 2026 Menu

Breakfast Menu - Served 7:45-8:05 a.m.

| January 2026 | | Muffin Monday | Taco Tuesday | Waffle Wednesday | Thankful Thursday |
|---|-------|-----------------------------|-----------------------|-------------------------|---|
| Breakfast  | 5-8 | No School Happy New Year | Cheese Quesadilla | Choco Berry Waffles | Parfait & Granola |
| | 12-15 | Cinnamon Roll | Breakfast Chilaquiles | Chicken & Waffles | Green Egg & Ham on an English Muffin |
| | 19-22 | No School MLK, Jr. | Huevos Rancheros | Waffle & Sausage | Bagel & Cream Cheese |
| | 26-29 | Banana Muffin | Breakfast Burrito | Waffle & Cinnamon Apple | Sausage Biscuit |
| <i>Assorted Cereals as an alternative to Main Entrée</i> Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk | | | | | |

Lunch Menu - served 11:30-12:55 p.m.

| January 2026 | |  Meatless Monday | Taco Tuesday | Where in the World? Wednesday | Thankful Thursday |
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| Lunch  | 5-8 | No School Happy Three Kings Day! | Tamales Rice & Beans | Beef Broccoli & Noodles | Pepperoni Pizza |
| | 12-15 | Grilled Cheese on Local Sonora Sourdough Bread Azteca Tomato Soup | Chicken Chilaquiles Local Tortilla Chips | Spaghetti & Meatsauce Dinner Roll | French Toast Casserole & Sausage Link |
| | 19-22 | No School Martin Luther King, Jr. Day | Walking Taco Refried Bean | Orange Chicken & Cilantro Lime Rice | Hamburger Local Whole Wheat Bun |
| | 26-29 | Pretzel Stick Baked Potato & Cheesy Broccoli | Pozole Local Tortilla Chips | Chicken Alfredo & Garlic Bread | Sloppy Joe Local Whole Wheat Bun |
| Cold Choice Of The Day | |  Peanut Butter & Jelly |  Nacho Fun Box |  Yogurt Fun Box | Chicken Caesar Salad |
| Daily Salad Bar with Fresh Fruits, Salad and Vegetables. Daily Choice of Skim or Fat-Free White Milk | | | | | |
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We Offer Fresh Fruit and Vegetable as a Snack Daily.

