



Nutrition & Wellness November 2025 Menu

Nutrition & Wellness


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Breakfast Menu - served 7:45-8:05 a.m.

November 2024		Muffin Monday	Taco Tuesday	Waffle Wednesday	Tasty Thursday
Breakfast	3-6	Cinnamon Roll	Bean & Cheese Tostada	Go Nuts! Waffles	NEW Breakfast Mac and Cheese
	10-13	Muffin & Smoothie	NO School-Veterans Day	Choco Berry Waffles	Pancake & Sausage on a Stick
	17-20	Pancake	Breakfast Burrito	Chicken & Waffles	NEW Berry Berry Parfait!
	24-27	Breakfast Egg Muffin	Huevos Rancheros	Thanksgiving Break	
	<i>Assorted Cereals as an alternative to Main Entrée</i> Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk				

November 2024		Meatless Monday 	Taco Tuesday	Where in the World? Wednesday	Thankful Thursday
Lunch 	3-6	Pancakes & Eggs	Bean and Cheese Burrito & Churro Bites	Hamburger	Spaghetti & Meat Sauce Cracked Wheat Dinner Roll
	10-13	Macaroni & Cheese & Local Sonora Roll	NO School Veterans Day	Orange Chicken Cilantro Lime Rice	Pepperoni Pizza
	17-20	Grilled Cheese Azteca Tomato Soup	Chicken Chilaquiles Local Tortilla Chips	Beef Broccoli & Ramen Noodles	Crispy Chicken Caesar Sandwich Mr Randy Pizza Party!
	24-27	Tepary Bean Chili Fritos	Tuscan Tamales Rice & Beans	Happy Thanksgiving!	
Cold Choice Of The Day		Peanut Butter & Jelly 	Nacho Fun Box	Yogurt Fun Box	 Chicken Caesar Salad
Daily Salad Bar with Fresh Fruits, Salad and Vegetables. Daily Choice of Skim or Fat Free White Milk					
 <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>Mix it Up</p> <p>WITH THE NATIONAL SCHOOL LUNCH PROGRAM</p> </div> <div style="text-align: center;"> <p>Available to all students at no charge</p> <p>LEARN MORE</p> <p><small>This institution is an equal opportunity provider.</small></p> </div> </div>					

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Menu subject to change without prior notice. Meals are served Free of Charge.



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Breakfast Menu - served 7:45-8:05 a.m.

We Offer Fresh Fruit and Vegetable as a Snack Daily.

Lunch Menu - served 11:30-12:55 p.m. Contains pork.

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