

## Nutrition & Wellness May 2025 Menu

Breakfast Menu – Served 7:45-8:05 a.m.



concordiacharter.org

**Muffin Monday** Waffle Wednesday May 2025 Taco Tuesday Thankful Thursday Churros **Breakfast Burrito Chocolate Chip Waffles Bagel & Cream Cheese** 5-8 **Breakfast Cinnamon Roll** 12-15 **Chicken & Waffles Breakfast Pizza Breakfast Nachos** 19-22 **Muffin & Smoothie Breakfast Burritos Choco Berry Waffles Chef Choice** Assorted Cereals as an alternative to Main Entrée Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg. Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk

Lunch Menu – served 11:30–12:55 p.m.  $\ensuremath{\underline{}}^{\text{Contains pork.}}$ 

May	y 2025	Meatless Monday	Taco Tuesday	Where in the World Wednesday	Thankful Thursday
Lunch	5-8	Cheese Quesadilla	All School Field Trip Nacho Fun Box	It is Pizza Day!	Hamburgers
	12-15	Grilled Cheese Sand Sopa Azteca	Pork CarnitasTaco Mexican Rice	Orange Chicken Cilantro Brown Rice	Sloppy Joe Sandwich Whole Wheat Bun
	19-22	All School Field Day Ham & Cheese Croissant	Chicken Enchilada Nachos	Hot Dogs	Last Day of School! Yogurt Fun Box
Cold Choice Of The Day		Peanut Butter & Jelly	Nacho Fun Box	Chicken Caesar Salad	Yogurt Fun Box
	Daily	<ul> <li>Salad Bar with Fresh Fruits, Sal</li> <li>We Offer Fr</li> </ul>	lad and Vegetables. Daily Cho resh Fruit and Vegetable as a Snac		e Milk
	y s	Mix it Upo		Available to all stude at no cha LEARN MORE	rge

This institution is an equal opportunities provider. Menu subject to change without prior notice. Meals are served Free of Charge.