

Nutrition & Wellness April 2025 Menu

Mutrition & Wellness

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Breakfast Menu - Served 7:45-8:05 a.m.

April 2025		Muffin Monday	Taco Tuesday	Waffle Wednesday	Thankful Thursday
Breakfast	Mar.31- 3 Cinnamon Roll & Smoothie	April Fool! Breakfast Burrito	Chicken & Waffles	Breakfast Pizza	
April 7-10 Food Waste Prevention Week	7-10	Green Eggs & Ham Muffin	Huevos Rancheros	Waffle & Cinnamon Apple	Strawberry Parfait with Granola
	14-17	Apple Cinnamon Muffin & Smoothie	Bean & Cheese Tostada	Go Nuts! Waffles	Pancake & Sausage on a Stick
	21-24	Pizza Egg Muffin	Cheese Quesadilla	Waffle & Scramble Eggs	Sausage Biscuit
	28-May1	Lemon Blueberry Muffin & Smoothie	Breakfast Scramble Egg Chilaquiles	Chocolate Chip Waffles	May Day! Bagel & Cream Cheese

Assorted Cereals as an alternative to Main Entrée

Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg. Daily Choice of Fresh Fruits, Applesauce or Raisins

Daily Choice of Skim or Fat Free White Milk

Lunch Menu - served 11:30-12:55 p.m.



<i>A</i> pril	2025	Meatless Monday	Taco Tuesday	Where in the World	Thankful Thursday
•		4		Wednesday	
	Mar.31- 3	Zoo Field Trip Ham & Cheese Croissant	Fish Tacos	Orange Chicken Cilantro Brown Rice	Pasta with Meatballs Garlic Knots
Lunch	7-10	It is Brunch time! French Toast Casserole	Chicken Chilaquiles & Chips	Roasted Chicken Dinner Biscuit & Potatoes	Crispy Caesar Chicken Sandwich
	14-17	Veggie Chili & Fritos	Fiesta Bean & Cheese Burrito & Rice	Pineapple Teriyaki Chicken & Brown Rice	Beef Hot Dog Whole Wheat Bun
	21-24	It is Brunch time! Pancakes & Eggs	Earth Day! Chicken Enchilada Nachos	Chicken Alfredo Noodles	Hamburger Whole Wheat Bun
	28-May1	Baked Potato & Cheesy Broccoli	Turkey Walking Taco	Corn Dog Smiley Potatoes	It is Pizza Day!
Cold Choice Of The Day		Peanut Butter & Jelly	Nacho Fun Box	Chicken Caesar Salad	Yogurt Fun Box

Daily Salad Bar with Fresh Fruits, Salad and Vegetables. Daily Choice of Skim or Fat-Free White Milk

We Offer Fresh Fruit and Vegetable as a Snack Daily.



This institution is an equal opportunities provider.

Menu subject to change without prior notice. Meals are served Free of Charge.