

Nutrition & Wellness March 2025 Menu



Breakfast Menu - Served 7:45-8:05 a.m.

March 2025		Muffin Monday	Taco Tuesday	Waffle Wednesday	Thankful Thursday		
Read Across America Week	3-6	Apple Cinnamon Muffin & Smoothie	Cheese Quesadilla	Waffle & Sausage	Green Eggs & Cheese Biscuit		
Breakfast	10-13 17-20	SPRING 202					
blue	Breakfast Week With Blue Watermelon Project Students Recipes						
water mel•n	24-27	PB & J Breakfast Bar	Breakfast Chilaquiles	Open Face Wafflish	Firehawk Sunrise Concha		
	Assorted Cereals as an alternative to Main Entrée Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg						
	Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk						

Lunch Menu - served 11:30-12:55 p.m. Contains pork.



March	2025	Meatless Monday	Taco Tuesday	Where in the World? Wednesday	Thankful Thursday		
Lunch Find out about spring break camp	3-6	Baked Potato & Cheesy Broccoli	Turkey Walking Taco Rice	Asian Chicken Bowl Brown Rice	Hot Dog Or Mr Randy Pizza Day!		
	10-13	Epigy Your					
	17-20	BREAK					
	24-27	Grilled Cheese Sand Sopa Azteca	Pork CarnitasTaco Mexican Rice	Parmesan Chicken & Pasta	Sloppy Joe Sandwich Whole Wheat Bun		
Cold Choice Of The Day		Peanut Butter & Jelly	Nacho Fun Box	Chicken Caesar Salad	Yogurt Fun Box		
	Da	ily Salad Bar with Fresh Fruits	,		ite Milk		
		We Of	fer Fresh Fruit and Vegetable as a Si	nack Daily.			
		Mix it	Up Constant	Available to all students at no charge			

This institution is an equal opportunities provider.

Menu subject to change without prior notice. Meals are served Free of Charge.