

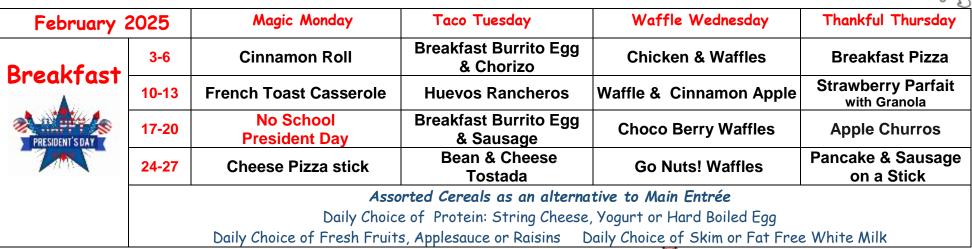
## Nutrition & Wellness February 2025 Menu

Nutrition & Wellness

concordiacharter.org

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Breakfast Menu - Served 7:45-8:05 a.m.



Lunch Menu – served 11:30–12:55 p.m. Scontains pork.

February	2025	Meatless Monday	Taco Tuesday	Where in the World? Wednesday	Thankful Thursday
	3-6	It is Brunch! Pancakes & Eggs	Chicken Enchilada Nachos	Orange Chicken Cilantro Brown Rice	Pasta with Meatballs
Lunch	10-13	Grilled Cheese Sand Sopa Azteca	Fish Tacos	Crispy Caesar Chicken Sandwich	Happy Birthday AZ Bison Chili Fry Bread
BLACK HISTORY MONTH	17-20	No School President Day	Pork Pozole & Tostada	<b>Soul Food</b> Roasted Chicken Mashed Potatoes & Corn Bread	Beef Hot Dog Whole Wheat Bun
	24-27	Macaroni & Cheese	Fiesta Bean & Cheese Burrito	South African Food Menu Soup- To be determine! "FUFU"	Hamburger Whole Wheat Bun
Cold Choice Of The Day		Peanut Butter & Jelly	Nacho Fun Box	Chicken Caesar Salad	Yogurt Fun Box
aily Salad B	<b>Bar</b> with F	Fresh Fruits, Salad and Veget	ables. Daily Choice of Skim or Fa	t-Free White Milk	
Mix it			at no charge	uit and Vegetable as a Snack Daily.	

This institution is an equal opportunities provider.

Menu subject to change without prior notice. Meals are served Free of Charge.