



# Nutrition & Wellness January 2025 Menu

## Breakfast Menu - Served 7:45-8:05 a.m.

January 2025		Muffin Monday	Taco Tuesday	Waffle Wednesday	Thankful Thursday
<b>Breakfast</b> 	6-9	Apple Cinnamon Muffin & Smoothie	Breakfast Burrito	Choco Berry Waffles	Cheese Pizza stick
	13-16	Pizza Egg Bite	Bean & Cheese Tostada	Go Nuts! Banana Waffles	Pancake & Sausage on a Stick
	20-23	 Lemon Blueberry Muffin & Smoothie	Cheese Quesadilla	Waffle & Scramble Eggs	Sausage Biscuit
	27-30	Corn Muffin	Breakfast Chilaquiles	Waffle & Sausage	Bagel & Cream Cheese
<p><i>Assorted Cereals as an alternative to Main Entrée</i>            Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg            Daily Choice of Fresh Fruits, Applesauce or Raisins    Daily Choice of Skim or Fat Free White Milk</p>					

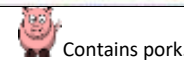
## Lunch Menu - served 11:30-12:55 p.m.

January 2025		 Meatless Monday	Taco Tuesday	Where in the World? Wednesday	Thankful Thursday
<b>Lunch</b>	6-9	Veggie Chili & Fritos	Chicken Enchilada Nachos	Asian Chicken Bowl Brown Rice	Beef Hot Dog Whole Wheat Bun "Mr. Randy Pizza Party"
	13-16	Macaroni & Cheese Oatman Roll	 Fiesta Bean & Cheese Burrito	 Chicken Fettuccini Alfredo	Oatman Bun Hamburger Whole Wheat Bun
	20-23	<b>No School</b> Martin Luther King, Jr. Day	Turkey Walking Taco	Chicken Noodle Soup Pimento Cheese Sandwich	It's Pizza Day!
	27-30	 Baked Potato & Cheesy Broccoli	Pork Carnitas Taco Mexican Rice	Parmesan Chicken & Pasta	Sloppy Joe Sandwich Oatman Bun
<b>Cold Choice Of The Day</b>		<b>Peanut Butter &amp; Jelly</b>	 <b>Nacho Fun Box</b>	<b>Chicken Caesar Salad</b>	 <b>Yogurt Fun Box</b>

Daily Salad Bar with Fresh Fruits, Salad and Vegetables. Daily Choice of Skim or Fat-Free White Milk



We Offer Fresh Fruit and Vegetable as a Snack Daily.



This institution is an equal opportunities provider.

Menu subject to change without prior notice. Meals are served Free of Charge.