



Nutrition & Wellness August 2024 Menu





Nutrition & Wellness

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Breakfast Menu - served 7:45-8:05 a.m.

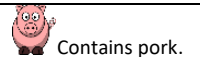
August 2024		Meatless Monday	Taco Tuesday	Waffle Wednesday	Tasty Thursday
Breakfast	Aug 5-8	Egg Bite Muffin With Toast	Cheese Quesadilla	Waffle & Scramble Eggs	Fruit Parfait with Granola
	Aug 12-15	Breakfast Muffin	Breakfast Burrito Egg & Chorizo	Berry Waffles	Bagel & Cream Cheese
	Aug 19-22	Green Egg & Ham With Biscuit	Breakfast Scramble Egg Chilaquiles	Chicken & Waffles	Egg & Cheese Biscuit
	Aug 26-29	Oat Berry Muffin	Huevos Rancheros	Waffle & Cinnamon Apple	Sausage Biscuit
	<i>Assorted Cereals as an alternative to Main Entrée</i> Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg Daily Choice of Fresh Fruits, Applesauce or Raisins Daily Choice of Skim or Fat Free White Milk				

Lunch Menu - served 11:30-12:55 p.m.

August 2024		 Meatless Monday	Taco Tuesday	Where in the World? Wednesday	Thankful Thursday
Lunch	Aug 5-8	Grilled Cheese Sand Sopa Azteca	Walkin' Taco	Asian Chicken with Ramen Noodles	It is Pizza Day!
	Aug 12-15	Curry in a Hurry & Rice	Fiesta Bean Burrito	Parmesan Chicken & Pasta	Sloppy Joe Sandwich
	Aug 19-22	Taco Jackfruit Edible Bowl	Pork Pozole & Tostada	Orange Chicken Cilantro Brown Rice	French Toast Casserole & Local Sausage
	Aug 26-29	Cheese, Pasta & Sauce	Fish Tacos	 Bean & Cheese Pupusas	Crispy Caesar Chicken Sandwich
	Cold Choice Of The Day	Peanut Butter & Jelly	 Nacho Fun Box	Chicken Caesar Salad	 Yogurt Fun Box
Daily Salad Bar with Fresh Fruits, Salad and Vegetables Daily Choice of Skim or Fat Free White Milk					

Aug 15
 Family Night is
 Binqo Night!

We Offer Fresh Fruit and Vegetable as a Snack Daily.



Mix it Up

WITH THE NATIONAL SCHOOL LUNCH PROGRAM



Available to all students at no charge

LEARN MORE

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Menu subject to change without prior notice. Meals are served Free of Charge.