Nutrition \& Wellness April 2024 Menu
Breakfast Menu - served 7:45-8:05 a.m.

| April 2024 | Meatless Monday | Taco Tuesday | Wacky Wednesday | Tasty Thursday |
| :---: | :---: | :---: | :---: | :---: |
| 1-5 | No School | Breakfast Egg Burrito | Pancake Wrap Turkey Dog | Cottage Cheese \& Fruit Cup \& Cracker |
| 8-11 | French Toast | Breakfast Chorizo Burrito | Waffle \& Cinnamon Apple | Breakfast Pizza |
| 15-18 | Bagel \& Cream Cheese | Taco Scramble | Waffle \& Sausage | Breakfast Sand |
| 22-25 | Chewy Granola Bar | Cheese Quesadilla | Go Nuts! Waffles | Pancake Yogurt Parfait |
| Assorted Cereals as an alternative to Main Entrée <br> Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled EggDaily Choice of Fresh Fruits and Veggies AND Skim or 1\% Fat White Milk |  |  |  |  |



Available to all students at no charge

## Lunch Served 11:30am -12:50

| April 2024 | (s) Meatless Monday | Taco Tuesday | Wacky Wednesday | Tasty Thursday |
| :---: | :---: | :---: | :---: | :---: |
| 1-5 | No School is April Foolis Dayl | Fiesta Chicken Wrap Rice \& Beans | Hot Turkey Ham \& Cheese Sandwich | Spaghetti \& Beef Bolognese |
| 8-11 | Grilled Cheese Sand Azteca Tomato Soup | Chicken Chilaquiles Tortilla Chips | Sloppy Joe Sandwich Whole Wheat Bun | Orange Chicken Cilantro Brown Rice |
| 15-18 | Bosco Cheese Sticks Marinara Sauce | Chicken Enchilada Nachos Tortilla Chips | Beef Hot Dog Whole Wheat Bun | Fish Stick Dinner Dinner Roll and Corn |
|  | Earth Day! | What about Food Waste Week? |  |  |
| $\begin{gathered} 22-25 \\ \text { Food Waste } \end{gathered}$ Week | Veggie Chili \& Fritos | Pork CarnitasTaco Refried Beans | Hamburger Whole Wheat Bun |  |
| Cold Choice Of The Day | Peanut Butter \& Jelly | (sing Nacho Fun Box | Chicken Caesar Salad | (s) Yogurt Fun Box |

Daily Salad Bar with Fresh Fruits, Salad and Vegetables
Daily Choice of Skim or 1\% Fat White Milk
This institution is an equal opportunities provider. Menu subject to change without prior notice. Contains pork.
We Offer Fresh Fruit and Vegetable Program as a Snack Daily

