

## Nutrition & Wellness April 2024 Menu



## Breakfast Menu - served 7:45-8:05 a.m.

April 2024	Meatless Monday	Taco Tuesday	Wacky Wednesday	Tasty Thursday
1-5	No School	Breakfast Egg Burrito	Pancake Wrap Turkey Dog	Cottage Cheese & Fruit Cup & Cracker
8-11	French Toast	Breakfast Chorizo Burrito	Waffle & Cinnamon Apple	Breakfast Pizza
15-18	Bagel & Cream Cheese	Taco Scramble	Waffle & Sausage	Breakfast Sand
22-25	Chewy Granola Bar	Cheese Quesadilla	Go Nuts! Waffles	Pancake Yogurt Parfait

## Assorted Cereals as an alternative to Main Entrée

Daily Choice of Protein: String Cheese, Yogurt or Hard Boiled Egg-Daily Choice of Fresh Fruits and Veggies AND Skim or 1% Fat White Milk



Available to all students at no charge LEARN MORE

Lunch Served 11:30am -12:50

April 2024	Meatless Monday	Taco Tuesday	Wacky Wednesday	Tasty Thursday		
1-5	No School is	Fiesta Chicken Wrap	Hot Turkey Ham &	Spaghetti & Beef Bolognese		
	April Fool's Day!	Rice & Beans	Cheese Sandwich	Beef Bolognese		
8-11	Grilled Cheese Sand	Chicken Chilaquiles	Sloppy Joe Sandwich	Orange Chicken		
	Azteca Tomato Soup	Tortilla Chips	Whole Wheat Bun	Cilantro Brown Rice		
15-18	Bosco Cheese Sticks	Chicken Enchilada Nachos	Beef Hot Dog	Fish Stick Dinner		
	Marinara Sauce	Tortilla Chips	Whole Wheat Bun	Dinner Roll and Corn		
Earth Day!		What about Food Waste Week?				
22-25	Veggie Chili	Pork CarnitasTaco	Hamburger	Crispy Chicken		
Food Waste Week	& Fritos	Refried Beans	Whole Wheat Bun	Caesar Sandwich		
<b>Cold Choice</b>	Peanut Butter & Jelly	Nacho Fun Box	Chicken Caesar Salad	Yogurt Fun Box		
Of The Day	Teanut butter & Jelly	<u>Las</u>	Chicken Caesar Salau	Togult I dil Box		
Daily Salad Ban with Enough Envita Salad and Vacatables						

Daily Salad Bar with Fresh Fruits, Salad and Vegetables Daily Choice of Skim or 1% Fat White Milk

This institution is an equal opportunities provider. Menu subject to change without prior notice. Contains pork.



We Offer Fresh Fruit and Vegetable Program as a Snack Daily