

Concordia Charter School

Concordiacharter.org/Nutritionwellness

April

2023

K-8

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						01
02	03	04	05	06	07	08
	Cheesy Spaghetti Or PB & Jelly Sandwich Choices of Fruit and Veg Breakfast Wrap Or Cereal	Orange Chicken Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Hamburger Or Yogurt Fun Box Choices of Fruit and Veg Yogurt Parfait Or Cereal	Asian Chicken & Noodles Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Sandwich Or Cereal	Easter Break	
09	10	11	12	13	14	15
	No School Easter Break	Walking Taco Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Hot Ham & Cheese Sub Or Yogurt Fun Box Choices of Fruit and Veg Waffle & Sausage Or Cereal	BBQ Chicken & Biscuit Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Pizza Or Cereal		
16	17	18	19	20	21	22
	Grilled Cheese Sandwich Or PB & Jelly Sandwich Bagel & Cream Cheese Breakfast Wrap Or Cereal	Pork Carnitas Taco Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Pasta With Meatsauce Or Yogurt Fun Box Choices of Fruit and Veg Yogurt Parfait Or Cereal	Pancakes Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Sandwich Or Cereal		
23	24	25	26	27	28	29
	Macaroni & Cheese Or PB & Jelly Sandwich Choices of Fruit and Veg Breakfast Wrap Or Cereal	Turkey Enchilada Nachos Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Orange Chicken Or Yogurt Fun Box Choices of Fruit and Veg Waffle & Sausage Or Cereal	Roasted Chicken & Roll Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Pizza Or Cereal		

* Variety of milk is offered with lunch each day

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