

Concordia Charter School

Concordiacharter.org/nutritionwellness

December

2022

K-8

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				01	02	03
Hot Lunch Or Cold Choice Breakfast Menu				Pancakes Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Sandwich Or Cereal		
04	05	06	07	08	09	10
Hot Lunch Or Cold Choice Breakfast Menu	Macaroni & Cheese Or PB & Jelly Sandwich Choices of Fruit and Veg Bagel Or Cereal	Walking Taco Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Beef Hot Dog Or Yogurt Fun Box Choices of Fruit and Veg Waffle and Sausage Or Cereal	Roasted Chicken Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Pizza Or Cereal		
11	12	13	14	15	16	17
Hot Lunch Or Cold Choice Breakfast Menu	Cheesy Spaghetti Or PB & Jelly Sandwich Choices of Fruit and Veg Breakfast Wrap Or Cereal	Chicken Chilaquiles Or Nacho Fun Box Choices of Fruit and Veg Breakfast Burrito Or Cereal	Hamburger Or Yogurt Fun Box Choices of Fruit and Veg Yogurt Parfait Or Cereal	Pepperoni Pizza Or Chicken Caesar Salad Choices of Fruit and Veg Breakfast Sandwich Or Cereal		
18	19	20	21	22	23	24
Hot Lunch Or Cold Choice Breakfast Menu	Bosco Sticks Or PB & Jelly Sandwich Choices of Fruit and Veg Bagel Or Cereal	Nacho Fun Box Breakfast Burrito Or Cereal	Winter Break Begins No School See you Wed. 1/4/2023	Winter Break No School		
25	26	27	28	29	30	31
	Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School		

* Variety of milk is offered with lunch each day