

Free Curbside Meals for Kids - WEEK OF July 2, 2020

Pick up @ Concordia Charter School, 142 N. Date Street, Mesa 85201, 480-461-0555, concordiacharter.org

**July 2020- Pick up on THURSDAYS ONLY @
9:30-11:00 AM, with 7 days of Breakfasts
and Lunches included!**

**Julio de 2020: recogida los JUEVES
SOLAMENTE @ 9:30-11:00 AM, con 7 días de
desayunos y almuerzos incluidos!**

Lunch		Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
		Ranch Chicken Salad	Brunch	Pizza	Chicken Fillet	Meatless Monday	Taco Tuesday	Hamburger
Milk	8 oz	Milk	Milk	Milk	Milk	Milk	Milk	milk
Fruit	1/2 cup	Apple	Banana	Grapes	Orange	Apple	Mandarin	Pear
Vegetable	1/4 cup	Romaine	Cherry Tomato	Celery Sticks	Corn	Carrots	Pinto Beans	Green Beans
Grain	1 serv	Crackers	Pancakes <i>Re-heat 165° F</i>	Turkey Pepperoni Pizza <i>Re-heat 165°</i>	<i>HB Bun</i>	Grilled Cheese Sandwich <i>Re-heat 165° F</i> Sun Flower Seeds	Beef & Bean Burrito <i>Re-heat 165° F</i>	Mini Chicken Corn Dog <i>Re-heat 165° F</i>
Meat/Meat Alternate	2 oz	Ranch Chicken	Peanuts String Cheese		Chicken Fillet <i>Re-heat 165° F</i>			

Breakfast		Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Milk	8 oz	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Fruit	1/2 cup	Asst Dry Fruit	Pears	Raisins	Peaches	Applesauce	Cinnamon Peaches	Fruit Cocktail
Grain	1 serv	Breakfast Bar	Cereal	Donut	Crackers	Oatmeal Bar	Muffin	Cereal

All perishable items must be used by Thursday, July 9. Todos los artículos perecederos deben usarse antes del Jueves 9 de Julio.

Products requiring reheating must reach internal temp. of 165° F

Los productos que requieren recalentamiento deben alcanzar una temp. interna de 165 ° F

Wash all fresh fruits and vegetables before eating. Lavar las frutas y vegetales frescos antes de comer.

Please send questions, comments or suggestions to itirado@concordiacharter.org

Por favor, envíe preguntas, comentarios o sugerencias a itirado@concordiacharter.org

See you next Thursday!

¡Nos vemos el jueves proximo!

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