

# OCTOBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday	FFVP
1	2	3	4	5	
<b>Fall Break!</b>					
8	9	10	11	12	
<b>Fall Break!</b>					
15	16	17	18	19	
UBR BAR  All Star Corn Dog, Super Veggie Stix, Crunchy Slaw, Orange Smiles	Strawberry Bagel-ful  Cheesy Quesadilla, Chips, Mild Salsa, Spinach corn salad Seasonal Fruit	Cereal Variety  Deli Ham and cheese, Super Green Salad, Celery Stix W/ Ranch, Grape Buddies	Pancakes & Sausage  Cheesy Macaroni w/Dinner roll, Steamed Vegetable blend, Orange Smiles	Breakfast Sandwich  Kickin Tenders, Fresh Spring Salad, Super Veggie Stix, Tropical Pineapple	<b>Carrots</b>  
22	<b>23 Family Night!</b>	24	25	26	
Bagels & Cream Cheese  Cheesy Pizza, Steamed Veggies and Spring Salad, Orange fighters	Yogurt & Granola  Tacos W/ Cabbage and Cheddar, Spring Salad, Grape Buddies	Muffin & Cheesestick  Turkey and Cheese, Spring Salad, Celery Stix w/ Peanut butter, Seasonal Fruit	Scrambled Eggs & Tortilla  Chicken Alfredo w/ dinner roll, Fresh Garden Salad, Harvest Apples	UBR Bar  Teriyaki Chicken Bowl w/ rice and Stir Fry Blend, Pear Slices	<b>Green Beans</b>  
29	30	31	1	<b>FFVP</b> <b>Pumpkin</b>	<b>** All meals served with 1% milk or NonFat Milk</b>
Bagel cream chesse  Brunch Sausage Biscuit, Fruit Juice and Fresh Spring Salad	Waffles & Sausage  Enchiladas, Chips, Corn spinach Salad, pinto Beans, Grape Buddies	Cereal Variety  PBJ Power Lunch, Spring salad, Carrot Sticks and Autumn Apples	Breakfast sandwich  Meaty pasta, Cherry Tomato Cucumber salad, Orange Smiles		

Mrs. Loza and Mrs. Roxanna  
Would love for you to continue  
To Eat Smart and Healthy!  
Have a Great Break!  
See you kiddos soon!!



Thursdays @ 3:30-5:30 pm 10/18 – 12/13



