



Concordia Charter School, Inc.
concordiacharter.org 480.461.0555

AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday	FFVP Focus
30	31	1	2	3	Strawberries
Breakfast Burrito Cheesy Macaroni W/ Dinner Roll, Broccoli, Apples Smiles	Yogurt Parfait w/Granola Bean Burrito, Dinosaur Plums, Carrot and Celery Sticks	Breakfast Sandwich Grilled Cheese Sandwich, Fresh salad and Green Beans, Blueberrylicious	Bagel & Cream Cheese Orange Chicken w/ Steamed Veggies, Fresh Fruit Medley	UBR Cookie & Cheese Happy Hamburger, Sweet Corn, Cucumber Slices, Summer Strawberries	
6	7	8	9	10	Zucchini And Blossoms
Pancake & Sausage Mrs. Tomasa Tuna Salad, Chips, Orange Smiles, Kale Yeah Salad, Carrot sticks	Strawberry Bagel-ful Taquitos W/ Refried Beans, Spinach salad, Juicy Watermelon	Breakfast Burrito Ham and Cheese Melt, Celery & Carrot Sticks, Grape Buddies	Muffin & Cheese stick French Bread Pizza, Garden Salad, Carrot Sticks, Berrilicious	Breakfast Sandwich Baked Potato W/Cheese & Roasted Zucchini and Fuzzy Peach	
13	14	15	16	17	FIGS
Yogurt Parfait w/Granola Brunch Mini Pancakes, Sizzling Sausage, Hashbrowns w/ Grilled Peppers, Berrilicious	Breakfast Burrito Slizzlin' Chicken Fajitas w/Tortillas, Pinto Beans, Orange Slices	Bagel & Cream Cheese PBJ Power Lunch, Kale Yeah Salad, Carrot Sticks, Apple Smiles	UBR Cookie & Cheese Corn Dog, Grape Buddies, Green Bouncy Beans, Celery Sticks	No School August Break	
20	21	22	23- "Eat a Peach" Day	24	Peach
Strawberry Bagel-ful Hungry Hamburger on Bun, Veggie Dippers, Apple Smiles	Breakfast Sandwich Cheesy Quesadilla, Green salad, Refried Beans, Smiling Watermelon	Muffin & Yogurt Terrific Turkey Sandwich, Garden-Fresh Salad, Carrot, Sweet Nectarine	Pancake & Sausage BBQ Chicken w/ Rice, Fresh Crunchy Slaw, Corn, Fuzzy Peach	Breakfast Burrito Kickin' Tenders, Steamed Veggies, Summer Strawberries	
27	28	29	30	31	Grapes
Cheesy Breakfast Sandwich Hot Dogs, Fresh Crunchy Slaw, Carrot Sticks Grape Buddies	UBR Cookie & Cheese Enchilada Casserole, Chips, Pinto Beans, Melon Melody	Breakfast Burrito Sloppy joes, Bouncy Green Beans, Carrot Sticks, Oranges Smiles	Yogurt Parfait w/Granola Teriyaki Bowl W/ Steamed Veggies, Apple Smiles	Bagel & Cream Cheese Meaty Pasta Swirls, Roll, Sweet Corn & Summer Strawberries	



FIG
Conadria and Kadota
are the 2 times of figs
grown here in Mesa.

Recipe for Snack:
Over Toast add slices
of figs with a drizzle
of honey.



Every day our students
receive a fresh fruit
and/or veggie snack to
enjoy, along with a
weekly FFVP Focus
lesson

****ALL MEALS
ARE SERVED**