Concordia Charter School, Inc.
concordiacharter.org 480.461.0555

AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday	FFVP Focus
30	31	1	2	3	
Breakfast Burrito Cheesy Macaroni W/ Dinner Roll, Broccoli, Apples Smiles	Yogurt Parfait w/Granola Bean Burrito, Dinosaur Plums, Carrot and Celery Sticks	Breakfast Sandwich Grilled Cheese Sandwich, Fresh salad and Green Beans,Blueberrlicious	Bagel & Cream Cheese Orange Chicken w/ Steamed Veggies, Fresh Fruit Medley	UBR Cookie & Cheese Happy Hamburger, Sweet Corn, Cucumber Slices, Summer Strawberries	Strawberries
6	7	8	9	10	
Pancake & Sausage Mrs. Tomasa Tuna Salad, Chips, Orange Smiles, Kale Yeah Salad, Carrot sticks	Strawberry Bagel-ful Taquitos W/ Refried Beans, Spinach salad, Juicy Watermelon	Breakfast Burrito Ham and Cheese Melt, Celery & Carrot Sticks, Grape Buddies	Muffin & Cheese stick French Bread Pizza, Garden Salad, Carrot Sticks, Berrilicous	Breakfast Sandwich Baked Potato W/Cheese & Roasted Zucchini and Fuzzy Peach	Zucchini And Blossoms
13	14	15	16	17	
Yogurt Parfait w/Granola Brunch Mini Pancakes, Sizzling Sausage, Hashbrowns w/ Grilled Peppers, Berrilicious	Breakfast Burrito Slizzlin' Chicken Fajitas w/Tortillas, Pinto Beans, Orange Slices	Bagel & Cream Cheese PBJ Power Lunch, Kale Yeah Salad, Carrot Sticks, Apple Smiles	UBR Cookie & Cheese Corn Dog, Grape Buddies, Green Bouncy Beans, Celery Sticks	**No School August Break**	FIGS
20	21	22	23- "Eat a Peach" Day	24	
Strawberry Bagel-ful Hungry Hamburger on Bun, Veggie Dippers, Apple Smiles	Breakfast Sandwich Cheesy Quesadilla, Green salad, Refried Beans, Smiling Watermelon	Muffin & Yogurt Terrific Turkey Sandwich, Garden-Fresh Salad, Carrot, Sweet Nectarine	Pancake & Sausage BBQ Chicken w/ Rice, Fresh Crunchy Slaw, Corn, Fuzzy Peach	Breakfast Burrito Kickin' Tenders, Steamed Veggies, Summer Strawberries	Peach
27	28	29	30	31	
Cheesy Breakfast Sandwich Hot Dogs, Fresh Crunchy Slaw, Carrot Sticks Grape Buddies	UBR Cookie & Cheese Enchilada Casserole, Chips, Pinto Beans, Melon Melody	Breakfast Burrito Sloppy joes, Bouncy Green Beans, Carrot Sticks, Oranges Smiles	Yogurt Parfait w/Granola Teriyaki Bowl W/ Steamed Veggies, Apple Smiles	Bagel & Cream Cheese Meaty Pasta Swirls, Roll, Sweet Corn & Summer Strawberries	Grapes

Conadria and **Kadota** are the 2 times of figs grown here in Mesa.

Recipe for Snack: Over Toast add slices of figs with a drizzle of honey.

Every day our students receive a fresh fruit and/or veggie snack to enjoy, along with a weekly FFVP Focus lesson

****ALL MEALS ARE SERVED**

This institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades. Food items subject to availability.